

TRAINING PROGRAM



FABIC
Education &
Learning

ORGANISATIONAL SKILLS FOR HIGH SCHOOL AND BEYOND

Organisation is an area that a lot of people find challenging in high school, as well as in the workplace. In the high school setting, students struggle to achieve their full potential academically, socially and in their extra-curricular pursuits when they do not have a strong foundation of organisational skills. Without it, they frequently experience varying degrees of stress and anxiety. People with additional needs often have particular weaknesses in these areas.

However, practical skills for breaking down tasks, time management, completing assignments, taking notes, studying for exams, learning content, staying focused, managing materials, avoiding overwhelm and numerous other aspects of participating in the high school setting, are simple ways to reduce stress and anxiety experienced in relation to school-work and academic achievements. Students can apply these skills in the school setting as well as in other areas of their life to develop strong foundations when completing tasks that come their way.

THE PROGRAM

This course will offer participants practical executive functioning skills for organisation and participation across all aspects of high school. **Students will attend with a parent 10 x 90 minute sessions over term 1.**

At the end of each session, students will be supported to develop a plan for integrating the skills taught in that week's session into application at school.

FAQs

Can this program utilise NDIS funding?

Yes

Do all sessions need to be attended?

Yes

Are parents welcome?

Yes, we encourage that every participant be accompanied by a parent for the sessions

INFORMATION

You can contact us via

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WEB fabric.com.au

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ATTENDEES

High school students (years 7 – 12)

Maximum of six participants and a parent, to support to integrate the skills taught into everyday life.

PRESENTED BY



Kathryn Maroney, is a speech pathologist who has worked in private practice, the not-for-profit sector and community health since 2010. Kathryn has worked extensively with high school students to teach the essential executive functioning and organisational skills needed

for successful participation in the high school setting and beyond. Kathryn also published a student manual – *Organisational Skills for High School in 2024*

WHEN

Term 1:

10 sessions over 11 weeks, 6pm to 7.30pm

Session 1 – Monday 29th Jan

Session 2 – Monday 5th Feb

Session 3 – Monday 12th Feb

Session 4 – Monday 19th Feb

Session 5 – Monday 26th Feb

Session 6, check-in – Wednesday 28th Feb

Session 7 – Monday 4th March

1 week break

Session 8 – Monday 18th March

Session 9 – Monday 25th March

Session 10, check-in – Wednesday 27th March

LOCATION

FABIC Robina, Training Room 1

HQ @ Robina, Suite 52, Level 5

1 Laver Drive, ROBINA QLD 4226

On-site parking is available at building entrance (1 Laver Drive, Robina) or use undercover parking on 58 Riverwalk Avenue, Robina)

COSTS

10 session at \$700 +GST*

(GST fees charged where applicable)

TO BOOK

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